

Practical Tips for parents to partner effectively in their child's IEP

- *Prepare for the IEP meeting
- *Attend the meeting
- *Participate actively
- *Ask Questions
- *Request what you want clearly
- *Take notes
- *Start talking to your child at an early age about their future
- *Discuss Transfer of Rights before age 18

Now is the time to start preparing for that big day when your child graduates from high school. To begin planning now will help insure the success of your child as an adult, one who can live as independently as possible, continue learning, and be a successful worker.

Learn who the Service Providers or contacts are in your area and how they can help your child, at what age they can get services, and why they are such important resources for residential, community, college and employment services which include; Targeted Case Management, Vocational Rehabilitation, Central Point of Coordination, Social Security, and DHS.

For more information please contact your school, your GPAEA Team Member, your Transition Coord or Family & Educator Coordinator.

You can also learn more about transition services at

http://www.gpaea.org/en/services/transition_secondary_students/



2814 North Court Street
Ottumwa, Iowa 52501-1163
641-682-8591
800-622-0027 or 800-286-8591
FAX: 641-682-9083

3601 West Avenue Road
Burlington, Iowa 52601-1065
319-753-6561
800-382-8970
FAX: 319-753-1527

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Parents Guide To Transition Planning



Transition
The
movement from school
to adult life in the
areas of living, learning
and working.

Getting Ready For Life after
High School

What does your child already know about their future?

Living: Does your child want to live on their own as an adult or in a living arrangement with some assistance or is a group home a better alternative? What skills are needed for their living choice?

Learning: Does your child want to go to college, vocational school, take night classes or continue to learn through life experiences? What preparation is needed for future learning environments?

Working: Will your child be prepared to get and keep a job? What kind of work will they enjoy? What classes at the high school will help develop job skills, interests and preferences?

How can you help your child reach their goals for living, learning and working?

Transition begins when your child turns fourteen and will continue through graduation from high school.

Parent & Student Responsibilities

1. Help your child create a clear vision for **living**. Teach daily living and independent living skills which include budgeting, paying bills, hygiene, cooking, and be sure to give your child chores to complete.
2. Start talking about ways your child can continue their education in various **learning** environments. Discuss what options there are, visit a college campus and find out ways to fund education. If not college or vocational tech school then what?
3. Discuss careers, **working** for a living, skills needed, Interests, strengths, and preferences.

School Responsibilities

Student's age 14-graduation will be **assessed** in living, learning and working to determine what they already know, what they need to learn, and what courses will give them the information they need.

Help students determine what their post-secondary expectations are in living, learning, working and help them Identify strengths, interests, and preferences.

Your child's IEP team will also help determine what classes should be taken to reach their post-secondary expectations.